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Startling Health Discovery

Researchers have learned the most important nutrient to physical life has been processed and cooked out of modern foods! It's just missing! **And that's why tens of millions are suffering:**

- ▶ Fatigue... constipation... diarrhea...
- ▶ Heartburn, acid reflux, gas and bloating...
- ▶ Food allergies, bad skin, headaches...
- ▶ Weight struggle, achiness, and feeling low!



Don't FEEL RIGHT? It's NOT your fault! A key nutrient is missing from your food!
See the simple solution page 3...

Nutri-Health Supplements
260 Justin Drive
Cottonwood, AZ 86326

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\$6.95

Health Research News

FALL 2009

Doctor, why am I TIRED all the time?



Dr. W. Dennis Clark

Researchers have made a startling discovery — a key nutrient that's essential to good health is routinely processed and cooked out of modern foods...

The loss of this nutrient is causing serious health problems including...



▶ Fatigue & Heaviness

Tired? Struggling with weight? The MISSING nutrient is probably why! **See page 4**



▶ Gas & Bloating

SURPRISE: Missing this nutrient causes smelly gas, painful cramps and a bloated stomach! **See page 20**



▶ Headaches & Immune Trouble!

Too many headaches? Feel sick or achy? See how missing this key nutrient wreaks HAVOC on your body! **Pg 22**

▶ Constipation & Diarrhea...

Missing nutrient causes both. See what researchers found out, and the easy way to RELIEF! **See page 14**

▶ Heartburn & Acid Reflux...

Antacids and those purple pills... treat symptoms. **The ROOT CAUSE** is the missing nutrient...

See next page

FAT LOSS BIOLOGY

The Science Behind Why We Get Fat and How to Lose It

[FAT LOSS BIOLOGY](#) [ABOUT DR. CLARK](#) [PRIVACY POLICY](#)

Fat Loss Biology



The biology of fat loss has very little to do with dieting, most forms of exercise, or the vast majority of weight loss pills.

The dogmatic advice that you must *'eat less, exercise more'* to lose fat has grown to mythical proportions.

Unfortunately, *it doesn't work!*

The biggest problem is the failure to account for human biology – that is, the biology of fat.

This is where I can help, since I am a biologist. Here is some stunning information that you should know about the biology of fat:

Weight loss blog for hCG Diet



BestHCGWeightLoss.com

Dr. Dennis Clark's HCG Weight Loss Diet Information

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How can you stay on target after the hCG diet? See Dr. Clark's [FatLossBiology.com](#)

HOW TO GET HCG

[CLICK HERE FOR INFORMATION](#)

How To Avoid The HCG Diet Plan

By Dr. Dennis Clark Posted under HCG Diet Plan | No Comment - Edit



The hCG diet plan is a great protocol for boosting fat loss in a hurry. However, avoiding the repeat use of it should be the goal. Too many folks fall back on old lifestyle choices, regain weight, and then depend on hCG to rescue them. Here are a few simple steps to keep this from happening again. Read more... »



HCG Diet Dangers

By Dr. Dennis Clark Posted under HCG Diet Dangers | 3 Comments - Edit

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**WHAT TO DO
AFTER
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Product review articles at NaturalSkinRX.com – article on jojoba oil



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Natural Skin Care Products

Written by naturalskinrx

Apr 30

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Benefits of Jojoba Oil for Herbal Skin Care

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Oil from jojoba seeds (*Simmondsia chinensis*) is a popular ingredient in many herbal skin care products, including lotions, moisturizers, shampoos, hair conditioners, cleansers, and even lip balms and shaving creams. The unusual composition of this oil also provides a wound-healing activity by stimulating and stabilizing collagen production.

Uniqueness of Jojoba Oil

About half the weight of a jojoba seed comprises the mixture that we call jojoba oil. Technically, it is not similar to other plant oils. If anything, biochemically it more closely resembles sperm whale oil. In fact, jojoba oil turned out to be a superior replacement for sperm

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Natural Remedies For Panic Attacks-YOU Can CURE Your Panic

Tanya Phobias and Panic Attacks

Do you suffer from sudden bouts of fear and anxiety that seem to come out of nowhere? If so, you are in store for some good news. *A simple technique for how to cure panic attacks* is taking America by storm. The best part is that it is drug-free and you can do it yourself at home. Take a

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About Me

I'm Allie, and I LOVE writing about skin care topics & any related products as its part of my expertise. I'm here to help you get the best results for your skin. Please feel free to contact me if you need any help :)



How to Minimize Pores

by ALLIE

How to Minimize Pores

Are you constantly trying to find the solution to your large pores? Are you fed up of applying makeup only to find that it looks clumpy and clogged in pores? Or perhaps you want to look your best and find that nose pores, forehead pores or pores on your cheeks are making it hard. Whenever you have a problem like this you will want to know how to minimize pores and have stunning looking skin.

How to Minimize Pores at Home

When it comes to how to minimize pores you will want to be able to turn to a solution that you can use at home. You don't want to spend a small fortune dealing with pores and you might not have the free time to keep taking trips to the beauty salon. It's for these reasons that specific [pore minimizer products](#) have been developed, so you can learn how to minimize pores without the headache.

Shrinking Pores – Tips and Hints

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